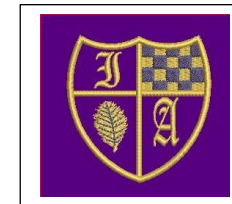


PSHE Curriculum

Intent, Implementation and Impact



Intent	Implementation	Impact
<p>Our intention is that our PHSE lessons and our school ethos enable children at Ivingwood Academy to become equipped with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's society.</p> <p>We want our children to have high aspirations, a belief in themselves and to understand that anything is possible if they put their mind to it.</p> <p>Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.</p>	<p>PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):</p> <p>Autumn 1: Being Me in My World Autumn 2: Differences (including anti-bullying) Spring 1: Dreams and Goals Spring 2: Healthy Me Summer 1: Relationships Summer 2: Changing Me (including Sex Education)</p> <p><u>In EYFS:</u> <u>Self-Regulation ELG</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. <p><u>Managing Self ELG</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; • Explain the reasons for rules, know right from wrong and try to behave accordingly; • Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices <p><u>Building Relationships ELG</u> Children at the expected level of development will:</p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others; • Form positive attachments to adults and friendships with peers; • Show sensitivity to their own and to others' needs <p>At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.</p> <p>Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they</p>	<p>By the time our children leave our school they will:</p> <ul style="list-style-type: none"> • be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life • be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society • appreciate difference and diversity • recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty • be able to understand and manage their emotions • be able to look after their mental health and well-being • be able to develop positive, healthy relationship with their

	<p>relate to other people in this ever-changing world’ There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.</p> <p><u>Wider Curriculum</u></p> <ul style="list-style-type: none">• Our school values of Nurture, Aspire, Integrity and Respect are present through all lessons and learning opportunities We believe that these values will enable our children to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness.• We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.• Assemblies are linked to PSHE, British Values and cover any additional sessions that would benefit the whole school.• PSHE and British Values displays throughout school reinforce the PSHE curriculum enabling children to make links.	<p>peers both now and in the future.</p> <ul style="list-style-type: none">• understand the physical aspects involved in RSE at an age-appropriate level• have respect for themselves and others.• have positive self esteem
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